



CONNECT TO HEALTH

For Your Well-Being



September 2017

Welcome to the latest Connect to Health newsletter, provided to you by the Pension, Hospitalization and Benefit Plan of the Electrical Industry ("PHBP").

TIME FOR A REFRESH!

The redesign of the JIB website (www.jibe.org) is underway. Approximately 10 years ago the site was primarily developed to offer Participants access to information about the many benefit plans administered by the JIB. But a lot can change in 10 years and it's time to refresh and improve the user experience for all who visit the site. Since its original launch, technology, along with the distribution and consumption of information, has changed tremendously. It is with that in mind that we are building a site dedicated to easily and safely access the information that matters most to you - your benefits, your money, your wellness, and your education.



WE NEED YOUR HELP

Your user experience with the site matters. Your input is invaluable. If you would like to participate and have a say as to what you'd like to see in the JIB website, you will have the chance. Here's what you can do.



First, take the on-line survey. By visiting the website at www.bit.ly/JIBweb-news or scan this Quick Response (QR) code with your smart phone to go to directly to our survey. You can download a QR code reader app from your app store. You will be directed to a short survey that will help us with this project. And, as a little incentive,

you will be entered into a drawing for a \$25 gift card just for completing the survey. **The survey will run through October 21st.**

Second, you can volunteer to be part of a focus group as we work towards creating a site that meets the needs of our Participants. You can volunteer for the Focus Group when completing the survey.

WE LOOK FORWARD TO WORKING WITH YOU ON THIS NEW VENTURE!



PRUDENTIAL REPLACES TRANSAMERICA AS THE DEFERRED SALARY PLAN OF THE ELECTRICAL INDUSTRY RECORD KEEPER

Effective July 1, 2017, all Deferred Salary Plan ("401k Plan") balances were transferred from Transamerica to Prudential. All employee and employer contributions, as well as account information, including your investment elections and applicable loan, Electronic Fund Transfer banking and installment information is now maintained by Prudential.

Important Information

Register and access your account online at www.jib.retirepru.com. Once you register your account online with a user ID and password, you can review your 401(k) Plan information, perform transactions and take advantage of a variety of tools and resources.

You can call Prudential at 877-JIB-401K (877-542-4015) and obtain account information and make transactions by using your Person Identification Number (PIN), which you will be able to create the first time you use Prudential's automated phone service.

Need to speak to a live person? Participant service representatives are available Monday through Friday from 8 a.m. to 9 p.m. ET.

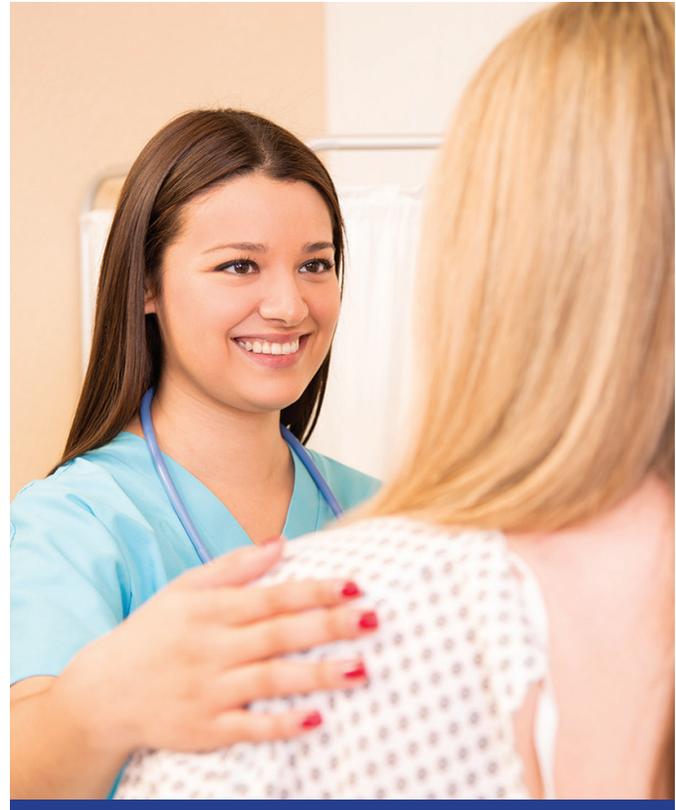


PARTICIPANT SERVICE REPRESENTATIVES

**Call: 877-JIB-401K (877-542-4015)
Monday–Friday 8 a.m. to 9 p.m. ET**

COMING YOUR WAY

Your 401k Plan is an important component of your overall financial plan for the future. Prudential will be offering different ways for you to maximize your investment opportunities, including online videos, pre-retirement sessions, educational seminars pertaining to the investment options available to you under the Plan, and 15 minute one-on-one meetings to get you started on the road to saving for a comfortable future. It's never too early to start!



3-D MAMMOGRAPHY NOW COVERED UNDER THE PENSION, HOSPITALIZATION AND BENEFIT PLAN (PHBP)

Effective October 1, 2017 the PHBP will cover 3-D mammograms.

A mammogram is a flat x-ray of the breast to detect breast cancer. A new type of mammogram x-ray provides important benefits over the previous method. The new type of mammogram is called '3-D mammography', or, more technically, 'tomosynthesis'.

The advantages are that 3-D (tomosynthesis) is more accurate, can pick up more cancers and requires fewer follow-up studies and biopsies for false-positives (lesions that look like cancer but turn out not to be on a biopsy). It is thought to be especially advantageous to women with dense breasts.

Appropriate medical indication must be provided by the referring physician in order to ensure coverage for this service.

Coverage for this test is subject to the same co-pays as other approved tests (\$35) and requires no prior authorization. Remember, by using a MagnaCare provider you can significantly reduce your out of pocket costs.