

THE JOINT INDUSTRY BOARD MEDICAL DEPARTMENT

Introduction

The Medical Department at the Joint Industry Board is a benefit provided by the Pension, Hospitalization and Benefit Plan of the Electrical Industry for use by its eligible active and retired participants and dependents.

The philosophy of the Medical Department is to combine the warm, friendly, personalized approach of a traditional family doctor with state-of-the-art medicine. Your primary care physician works together with our specialists to ensure your good health. With expanded diagnostic and therapeutic programs and services the Medical Department can serve virtually all of your family's health care needs. And, when you use the services of the Medical Department, there are no co-pays!

As health care providers, we understand that your time is valuable, so we maintain expanded hours (8 AM to 7:15 PM Monday through Friday and 8 AM to 2:45 PM Saturday) to accommodate your schedule. Many diagnostic procedures are available right on the premises, so they often can be scheduled on the same day.

Many preventative services are available at the Medical Department, including:

- Annual Physicals, adult and pediatric
- Annual Eye Examinations
- GYN Examinations and PAP Smears
- Mammograms
- Lab Tests
- X-rays and Sonograms
- EKGs
- Certain Inoculations

A TOUR OF OUR SERVICES

The Annual Physical Examination

Your annual physical includes a complete history and physical examination, a chest X-ray, EKG and appropriate lab tests (blood and urinalysis), and mammography, proctology, and pulmonary function evaluation when indicated.

Your primary care physician is one of the Medical Department's Internists who will continue to provide you with ongoing care beyond your annual physical if needed. In addition, you may be referred to one of the following specialties provided by the Medical Department.

Cardiology

Following a thorough examination and EKG read by a cardiologist, your primary care physician will diagnose the problem and recommend treatment. If necessary, the Medical Department will arrange for additional special testing and/or treatment (i.e., stress test, angiogram, angioplasty, surgery, etc.) at an affiliated facility.

ENT – Ear, Nose and Throat

An ENT specialist is available to examine and diagnose problems concerning the ear, nose and throat.

General Surgery

Upon referral by your primary care physician, our general surgeon will determine which operative or diagnostic procedure is necessary. The surgeon deals with internal organs, breasts, thyroid, hemorrhoids, rectal problems, hernias and superficial tumors.

Dermatology

Following a careful examination of the skin, diagnosis and treatment of most conditions are available at the Medical Department, or you will be referred to an outside facility for specialized treatment if necessary.

Nutrition Counseling

Our nutritionist will provide individual consultation on proper diet and weight loss at your request or upon referral of your primary physician or specialist.

Obstetrics and Gynecology

Utilizing the Medical Department's extensive diagnostic equipment, including colposcopy and sonography, the Ob-Gyn Department treats women of all ages.

Neurology

Following a detailed case study, including past medical and family history, the neurologist will conduct a careful examination and recommend additional diagnostic services as indicated. Based on the results of the diagnostic evaluation, the neurologist will recommend the best course of treatment.

Orthopedics

Following a careful examination of the affected area (spine, hip, knees, elbows, shoulder, neck, hands or feet), an X-ray or MRI may be required. Treatment, which may include medication, local injections or surgery, is either available at the Medical Department or you will be referred to an outside facility

Ophthalmology

Following a complete examination of the eyes, including routine glaucoma testing, the ophthalmologist will prescribe appropriate treatment.

Optical Department

Each member and eligible dependent is entitled to one yearly eye examination by one of our Optometrists. Based on the prescription, you will be able to choose from a large selection of the latest styles of both metal and plastic frames for no charge. Designer frames and specialized lenses are available at additional cost. Contact lenses are available at Jena Optical at an additional cost. You may offset your annual eye exam and instead utilize the contact lens benefit. Additional charges apply for certain types of contact lenses.

Pediatrics

The Pediatrician supervises every stage of the child's (up to age 17) development and works closely with the family members to help the child achieve his or her full potential. Counseling in the specialized fields such as nutrition is readily available. In the event of illness, the doctor will utilize all of the necessary diagnostic tools available at the Medical Department and its affiliated facilities or refer the patient to a specialist for a consultation.

Podiatry

Following an examination of the feet, treatment may include medication, surgery, or fitting for corrective orthotics at the Medical Department or at an affiliated facility.

Proctology

The Proctologist investigates the causes of diarrhea, constipation, rectal pain, swelling, itching, discharge or bleeding, as well as anemia or weight loss. A proctology exam is an important part of a complete adult physical examination.

Urology

In addition to physical examination, diagnosis and treatment may depend upon X-ray studies, sonograms, and lab tests of the blood and urine. If necessary, you will be referred to one of the Medical Department's outside facilities for further diagnostic testing and treatment.

Acupuncture

A licensed acupuncturist is available in the Medical Department to treat anyone who wishes to stop smoking. Behavior Modification is also included in this program. In addition, our acupuncturist also treats pain conditions on referral from Neurology or Orthopedics.

Diagnostic Services Provided At the Medical Department

Diagnostic Radiology

In addition to routine X-rays, mammography and ultra-sound which are available at the Medical Department, you may be referred to one of our outside facilities for CT scans, and MRIs, as well as other more sophisticated diagnostic procedures when indicated. In 2007, our X-ray Department will undergo a renovation and

two state-of-the-art digital radiology suites will replace the existing rooms. This will allow the radiologists to enhance the images for reading finer details and afford our patients the benefit of shorter waiting time and fewer repeat studies.

You may also make an appointment for an X-ray, mammogram or sonogram at the Medical Department if you have a prescription from your private MD.

Laboratory - Routine tests such as blood tests and urinalysis or more sophisticated tests when requested by the treating physician. Our Medical Department uses North Shore/LIJ Core Laboratory to provide comprehensive laboratory services for our patients. The Laboratory is approved by the State of New York to perform testing in Clinical Chemistry, Endocrinology, Blood Lead Toxicology, Therapeutic Substance Monitoring, Comprehensive Hematology, Diagnostic Immunology, Urinalysis, Urine Pregnancy, Immunohematology, Bacteriology, Mycobacteriology, Parasitology, Mycology, Virology (Direct Detection), Oncology (Sera and Soluble Tumor Markers), Human Immunodeficiency Virus and Molecular Diagnostics.

Pulmonary Function Test - This test is done at our Medical Department and interpreted by an Internist trained in pulmonary medicine for the purpose of evaluating the proper functioning of your lungs.

Complete Audiologic Evaluation - This test is done for the purpose of evaluating the proper functioning of your hearing. When necessary, hearing aids are dispensed at the Medical Department.

Electrocardiogram (EKG) – This test is done to check for normal heart rhythm and to detect any abnormal or irregular irregularities in the heart's rhythm.

Consultant Specialist Referrals

There is a full panel of consultant specialists located throughout the Greater New York Metropolitan area to render services not provided at the Medical Department. These services consist of the use of qualified medical consultants in highly specialized fields of medicine and specialized laboratory and diagnostic testing. Upon completion of these tests, all reports are forwarded to the Medical Department for review and follow-up evaluation by your primary care physician or specialist. When referred for consultation by the Medical Department, no co-payment is necessary. The co-payment for referrals for diagnostic testing is \$25.

GENERAL INFORMATION

Appointments (telephone: 718-591-2014)

Our clerical staff will schedule an appointment for you and your family at your convenience. If you would like to arrange a number of appointments for the same

day at various times for yourself and members of your family, we will accommodate your schedule whenever possible.

Cancellations

If you must cancel an appointment, please call at least 24 hours in advance so that someone else can utilize this time period. When calling about a cancellation, you can make a new appointment at the same time. Failure to show-up for a scheduled appointment which you have not cancelled will result in temporary suspension of your use of the Medical Department services. You will be required to write a letter to the JIB explaining why you could not call to cancel your appointment before your privilege can be reinstated.

Medical Record Confidentiality

Your medical records are confidential. The Medical Department follows all applicable Health Insurance Portability and Accountability Act of 1996 ("HIPAA") regulations and makes every effort to protect your privacy.

Days and Hours

The services of the Medical and Optical Departments are available six days a week Monday through Saturday, for appointments.

Medical Department: 718-591-2014

Appointments can be made:

Monday through Friday: 8:00 AM to 7:15 PM

Saturday: 8:00 AM to 2:45 PM

Examinations are scheduled:

Monday through Friday: 8:00 AM to 6:40 PM

Saturday: 8:00 AM to 1:45 PM

Optical Department: 718-591-2014

Appointments can be made:

Monday through Friday: 8:00 AM to 7:15 PM

Saturday: 8:00 AM to 2:45 PM

Examinations are available:

Monday, Tuesday, Thursday and Friday: 9:00 AM to 5:45 PM

Wednesday: 10:00 AM to 6:45 PM

Saturday: 9:00 AM to 1:45 PM

MEDICAL EMERGENCIES

The Medical Department is not equipped for any emergency treatment. Therefore, if a serious medical problem should occur such as chest pain, difficulty breathing, bleeding from any part of the body or trauma or accident, don't wait ... **Call 911** or go to your nearest hospital emergency room.