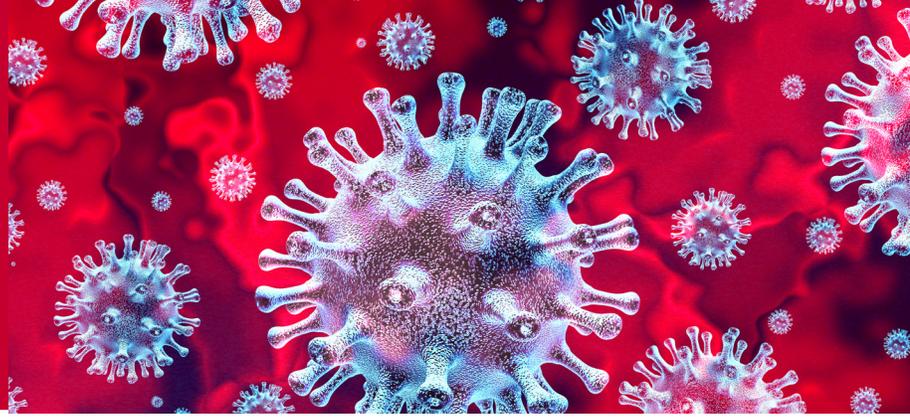


# JIBEI NEWSLETTER

MARCH 2020 - SPECIAL EDITION



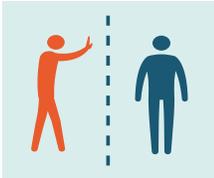
## CORONAVIRUS (COVID-19) INFO

### IMPORTANT INFORMATION

### PRECAUTIONS



WASH HANDS WITH WATER AND SOAP/SANITIZER, AT LEAST 20 SECONDS



AVOID CONTACT WITH OTHERS



COVER YOUR NOSE AND MOUTH WITH TISSUE OR ELBOW WHEN SNEEZING

JIB Medical is closed. Access to the Electrical Industry Center in Flushing and other JIB facilities have been markedly restricted.

As in much of the United States, the JIB has closed all operations except those that are essential for vital support services for the participants. JIB Medical P.C. has closed to all visits as part of the general shutdown. In any case, it would have no way to test or help COVID-19 patients (the disease caused by the new corona virus). Continuing to see patients would endanger others by unnecessarily exposing them to the virus.

The best way to rid our society of corona virus is to keep it from spreading – by everyone staying home and taking all precautions. For those times you must go out wear masks and gloves and keeping distances.

The virus spreads by entering through the mouth, nose or eyes, from secretions from mouth or nose (and possibly urine and stool) of infected people or from surfaces they contaminated and you touch and bring the contamination to your face or to food.

Here are some ways to stay safe and help fight this pandemic:

- Stay inside your home as much as you possibly can. Everyone, all ages.
- Wash your hands thoroughly with soap and water for 20 seconds any time you believe they may be

contaminated. Err on the side of caution! Although this virus is very dangerous, soap and other agents destroy it. If you use an alcohol-based cleanser or equivalent, rub it into your hands until dry. If using pure alcohol, mix with water so it is 60% to 70% alcohol. Water helps flush it away.

- Use delivery services to get food and supplies brought to you as much as possible.
- Clean any surfaces that might have been handled by others as much as you can, hard surfaces, mail, packages, food containers etc.
- Avoid all close contact with others, if you absolutely must go out. Stay at least 6 feet or more away from others. Avoid any crowded areas.
- Wear a mask and disposable gloves (if you can find any) whenever outside or anywhere there may be exposure. (If you do not have disposable gloves, use any gloves you have but they could become contaminated, so be careful how you handle them.)
- Avoid touching surfaces outside of your house. Use disposable gloves or bring paper towels and tissues with you to avoid contact.
- Avoid touching your face as much as possible. A hard habit to break, but important.